



# Cycling - Time Trial

**Date:** Friday, July 16

**Time:** Registration / Check-in: 5:00 - 6:00 pm First Rider off at 6:30 pm

**Site:** SE Shadden Rd. & 89th St. (Old Don's Steakhouse), Topeka, KS: From the East or West, I-70 to I-470 and exit at HWY 75 South. Go 5 miles south to Topeka Blvd. exit. Turn right on Topeka blvd and go south 1/2 mile to 93rd St. Turn left on 93rd St. which becomes 89th Street. Follow the directional signs to Race Registration and staging area. The Time Trial will be out and back 10K.

**Fee:** \$20 per person or \$60 for Omnium (Time Trial, Criterium & Road Race) Pre-registration deadline is Friday, July 9. Late and day-of registrations will be accepted with \$5 late fee. Each athlete receives a commemorative SSG T-shirt and Souvenir Program.

**Registration:**

- 1. Online:** Register hassle free at [www.sunflowergames.com](http://www.sunflowergames.com)
- 2. Mail-In:** Download and print entry & waiver form from website and follow directions on the form
- 3. Race day:** Registration will be from 5:00 - 6:00 pm. Day of entries will be accepted with a \$5 late fee.

**Competition Format:** 1) Held under USA Cycling Event Permit #2010-1853. 2) All USAC rules apply 3) USAC license required. 4) One-day USAC license available for \$10.00. 5) Fees include \$3 for USAC insurance and \$1 for KCA Surcharge. 6) Race will be held rain or shine. 7) CPSC approved helmets must be worn by all participants while riding at any time during this event. 8) Distances may change if weather conditions become severe. 9) Time Trial will be out and back 10K. Beginners will race Men's Cat 5 or Women's Cat 4. 10) Riders will go off at one minute intervals beginning at 6:30 pm based on the grid below, starting with the Cat 3 Men, followed by the Women and Juniors. Start times will be posted shortly after registration closes. 11) These races are part of the KBAR/KBAT.

**Race Commissioner:** Jeff Unruh, [cyclesleeper@cox.net](mailto:cyclesleeper@cox.net) Time Trial Director: Dennis Weinbeck, [dweinbeck@cox.net](mailto:dweinbeck@cox.net)

For more details visit [www.sunflowergames.com](http://www.sunflowergames.com)

| Events            | Places | Prizes               |
|-------------------|--------|----------------------|
| Men's Cat 3       | 3      | Medals & Merchandise |
| Men's Cat 4       | 3      | Medals               |
| Men's Cat 5       | 3      | Medals               |
| Men's Masters 35+ | 3      | Medals & Merchandise |
| Men's Masters 45+ | 3      | Medals & Merchandise |
| Men's Masters 55+ | 3      | Medals & Merchandise |
| Men's Masters 60+ | 3      | Medals               |
| Men's Masters 65+ | 3      | Medals               |
| Men's Masters 70+ | 3      | Medals               |

| Events              | Places | Prizes               |
|---------------------|--------|----------------------|
| Women's Cat 1/2/3   | 3      | Medals & Merchandise |
| Women's Cat 4       | 3      | Medals               |
| Women's Masters 40+ | 3      | Medals               |
| Women's Masters 50+ | 3      | Medals               |

| Events        | Places | Prizes |
|---------------|--------|--------|
| Juniors 10-13 | 3      | Medals |
| Juniors 14-18 | 3      | Medals |

| Omnium Points/Place | 1st | 2nd | 3rd | 4th | 5th | 6th | 7th | 8th | 9th | 10th |
|---------------------|-----|-----|-----|-----|-----|-----|-----|-----|-----|------|
| Time Trial          | 10  | 8   | 6   | 4   | 2   | 1   | 0   | 0   | 0   | 0    |
| Criterium           | 15  | 12  | 10  | 8   | 7   | 6   | 5   | 4   | 2   | 1    |
| Road Race           | 15  | 12  | 10  | 8   | 7   | 6   | 5   | 4   | 2   | 1    |

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